

LONG JUMP – All officials must sign the attached “Officials sign-in sheet”

Results must be sent to the computer room following the completion of each age group’s event

NEW CENTRE RECORDS

- Key Officials must note the record of the event they are conducting. For a record to be recognized, the key Official must seek verification by a Committee Member immediately. All marks must be left unaltered until the record has been validated.

EQUIPMENT

- Take-off area (mat or board)
 - U6-8 – large mat (1.22m x 1.0 m }
 - U9-11 – small mat (1.22m x 0.5m }
 - U12-15 – take-off board (1.22m x 0.2m }
- Measuring Tape
- Rake: To level the landing area sand after each trial
- Broom: For keeping runway clear of sand
- Shovel: For digging over landing area and moving sand
- Plastic water bottle: For keeping sand on mat damp
- Spike: To hold zero end of tape at the landing imprint
- Place Tickets: To record performance for each athlete
- Recording Sheet: For recording all performances.
- Markers: For athletes to mark the start of their run-up
- Additional tape measure to measure athletes’ run-up.
- Recorder’s table and chair

OFFICIALS REQUIRED (4 + Age Manager)

- One official at take-off area. Tasks include watching for foul jumps and measuring
- Two officials at side of pit. Tasks include finding break (imprint) made in sand, measuring, raking and leveling the sand
- One official for recording.
- Age Manager to assist with the order of competitors

ORDER OF EVENTS

- Events should be conducted in the order in which they appear on the daily running sheet. If appropriate, this order **may** be changed but **only** with the prior approval of the Arena Manager.

PREPARATION FOR EVENT

- Ensure sand in the pit is level with run-up.
- Sand may need to be watered if it is dry, this assists with determining the landing imprint
- Allow athletes a practice jump(s) to check their run up if possible.
- Markers are to be made available to athletes to mark their run-up.
- The distance from the front edge of the pit to the front edge of the take-off area for:
 - U6-11: should not be less than 500mm or more than 2 metres.
 - U12-UI5: should not be less than 1 metre and not more than 3 metres.

EVENT SAFETY

- Before the first event of the day, the pit needs to be carefully dug over to loosen sand and whilst turning and levelling sand, an inspection is made and any objects such as sticks, stones etc. that could cause injury to the athletes, must be removed.
- Inspect the runway and sweep away any loose sand
- Implements such as brooms, rakes and shovels should not be handled by athletes unless adequately supervised
- When not in use, shovels and rakes should be placed faced down, i.e. with the rake spikes facing down.

PACK UP

- All equipment must be checked, cleaned and returned to the shed at the conclusion of the day’s competition

BASIC RULES

- To be a valid trial the athlete
 - Must take-off from one foot.
 - Must place take-off foot on or behind the take-off area. If any part of foot is over the front edge or side of the take-off area then it is a foul and recorded as a “No Jump (NJ)”
 - If after completing the jump an athlete walks back through the landing area towards the take-off area it is a 'no jump'.
- Markers may not be placed on runway but may be placed alongside runway.
- Markers are not permitted in the landing area/pit.
- If, during the run-up, an athlete passes the edge of the take-off area furthest from landing area it shall be deemed a trial, even if the trial is not completed.
- If after completing the jump an athlete walks back through the landing area towards the take-off area it is a 'no jump' (i.e. Athletes must exit by moving towards the back of the pit)
- All athletes in the age group must complete their first trial before any athlete has a second trial (and all second trials must be completed before the third trials begin)

RECORDING / DETERMINING PLACES

- Best performances should be circled or highlighted
- Ties are broken by referring to the next best jump

Athlete	1st trial	2nd trial	3rd trial	Best	Place
A	4.75	NJ	4.62	4.75	4 th
B	5.35	4.92	5.87	5.87	2 nd
C	4.65	4.35	4.75	4.75	3 rd
D	5.87	5.35	5.03	5.87	1 st
E	NJ	NJ	NJ	NJ	

- D beats B by counting back to each athletes 3rd best trial (D - 5.03; B - 4.92).
- C beats A by counting back to each athletes 2nd best trial (C - 4.65; A - 4.62).

NUMBER OF TRIALS

- Each athlete is entitled to 3 trials **unless advised otherwise by the Arena Manager**
- All athletes in an age group **must** have the same number of trials
- All athletes in the age group must complete their first trial before any athlete has a second trial (and all second trials must be completed before the third trials begin)

MEASURING THE JUMP

- Official selects break (imprint) made in sand by foot, hand, etc., which is closest to the imprint made in the take-off area by the take-off foot, (or for U9-11 back of take-off area, or for U12-15 the front edge of the take-off board – see below). **The selected point is marked by the spike and the zero end of the tape is held at the spike.**
- If the athlete takes off before the take-off mat or board, then the jump shall be measured from the break in the sand to the back edge of the take-off area (U9-11) or the front edge of the take-off board (U12-15).
- For:
 - U9-11: the tape is straightened (untwisted) and laid over and in contact with imprint made by take-off foot in the take-off area or back of take-off area as applicable.
 - U12-15: the measurement is taken perpendicular to the take-off line or its extension, i.e., straight back from the imprint in the sand.
- The tape is drawn tight and the distance is measured to the nearest centimetre **below** the distance jumped unless the reading is a whole centimetre.
- The athlete who has the longest measured distance from all jumps recorded is the winner. In the event of a tie then a decision is made on the next best jump recorded.