



No. 8/2009-10

Saturday, February 27, 2010

**DIARY DATES:**

Saturday, February 27

**Friday, March 5**

Saturday March 13

Sat/Sun, March 20/21

**Friday, March 26**

Sunday, April 11

Little Aths – Programme B

**Little Aths – Twilight Programme F**

Little Aths – Programme D

State Track & Field Championships

**AGM & Presentation**

Cross Country – Gardiners Creek

**NOTE NEXT WEEK IS A TWILIGHT MEET  
FRIDAY, MARCH 5, 2010  
5:30 PM FOR WALKS  
5:45 PM FOR USUAL WARM UP**

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**REGIONAL TRACK & FIELD** – Congratulations to all our athletes who competed so magnificently at Knox last weekend. There were some outstanding performances including 2 national records set by Sarah Ferrier in the U14G long jump and triple jump plus State records to Laura Powell in the U11G, 800 & 1500 and Kayla Herbert in the U9G 80m hurdles. There were also many Centre records but, more importantly, lots of pb's by almost all competitors. There were also some fantastic examples of sportsmanship by athletes, particularly when things didn't go quite according to plan!

Well done to everyone and to all the parents who not only provided such support for their athletes but also performed long and often arduous duties in the warm weather. The championships cannot be held without your support so thanks to everyone.

Progressions to State Championships to be held over the weekend of March 20 & 21 at Olympic Park should be available shortly. At the time of printing they were not available but I suggest you check the VLAA website on [www.vlaa.com.au](http://www.vlaa.com.au). Scilla will contact all athletes in due course.

**STATE MULTI CHAMPS** – Well done to all our athletes who competed in extremely hot conditions at Bendigo on the weekend of January 30 & January 31. Congratulations to Kate Boulter and Sarah Ferrier who both won GOLD.

There were no entries competing in the boys section however we were very well represented by our girls in what were very large fields.

Emily Bertacco U9	9 <sup>th</sup>	Victoria Condon U11	48 <sup>th</sup>	Emily Andrew U12	33 <sup>rd</sup>
Gabrielle Clarke U9	19 <sup>th</sup>	Imogen Purcell U12	9 <sup>th</sup>	Elisha Purcell U12	38 <sup>th</sup>
April Condon U9	36 <sup>th</sup>	Sarah Billings U12	13 <sup>th</sup>	Monica Clarke U13	13 <sup>th</sup>
Clare Boulter U9	39 <sup>th</sup>	Phoebe Condon U12	14 <sup>th</sup>	Matilda Dinnison U13	14 <sup>th</sup>
<b>Kate Boulter U10</b>	<b>1<sup>st</sup></b>	Emily Taylor-Brown U12	15 <sup>th</sup>	<b>Sarah Ferrier U14</b>	<b>1<sup>st</sup></b>
Christina Bell U11	39 <sup>th</sup>	Maddy Andrew U12	32 <sup>nd</sup>	Ellissa Garrod U14	20 <sup>th</sup>

**PARENT DUTY** – As pointed out many times throughout the season, families are expected to perform a **minimum** number of parent duties throughout the season. Families will be notified shortly by email if they haven't fulfilled their parent duty responsibilities as this will affect your child's eligibility for end of year trophies. If you are in any doubt, please contact our Duty Manager, Susie Kosa on 9849 1670 to clarify and find out how you may be able to make up any shortfall.

**CROSS COUNTRY 2010** – Cross country is a great way for athletes to stay fit during the winter season. All athletes registered with Box Hill little aths for the summer season are automatically registered to compete in the cross country season, however an additional fee of \$50 applies to cover the *Eastern 7* group, Open Days, region and State championships. For further information and provisional dates, take a look at Page 32 of the handbook. Pre-training commences on March 28 with the first scheduled event host by the BHLAC takes place on **April 11** at *Gardiners Creek* (Mel 61 B6). Jane Monsell-Butler who has taken on the role of cross country co-ordinator for the last few years is unable to continue in this role because of other commitments. If you are able to take on this role, please call in at the front desk or contact us through the email link on our website, or contact Stuart Miller on ph: 9803 7342 or 0433 656 592. It is not a time consuming or difficult role – most can be done by e-mail. So if you have kids who are participating in cross country and you'd like to help please let us know.

**VLAA REVIEW** – VLAA conduct reviews of Centres through metro and country regions and as you may have seen a few weeks ago we had a visit from the VLAA President and CEO.

BHLAC have already implemented the recommendations regarding safety and insurance at our venue which has included the extra perimeter fencing with Officials and assistants only to be on the inside of the track and clearly identified by coloured vests. Most other Centres with urethane type tracks have partial or full permanent perimeter fencing whereby only athletes and officials are allowed on the inside of the track, so for many years we have been the exception rather than the broader practice. The VLAA requirement brings BHLAC in line with other Centres.

Other VLAA clarifications include :

Both Parents/Guardians to sign the ordinary members sheet located at the front desk. The on line registration process for dual Parent/Guardian households only registers one parent as a member. Therefore as an insurance requirement, plus also to gain the right to vote at the AGM, you are encouraged to make your way to the front desk and sign the Ordinary Member register.

Photography of your own child is certainly allowed by parents/guardians. (The committee have received a few questions about this). BHLAC nominates an official photographer to capture images for use in the handbook and on the website. When this is occurring there is a public address to that effect. Should you not wish to have your child photographed, or have their image reproduced, let Stuart know at the 100m finish line.


Parents/guardians can certainly cheer, encourage and support their child. Good sportsmanship should be observed.

VLAA were very happy with the Centres operation and how efficiently it runs. Furthermore parents they spoke with gave high praise to their Age Group Managers.

Please feel free to contact a committee member if there are any specific questions regarding the running of the BHLAC and in particular the recent VLAA requested changes.

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