

Box Hill Little Athletics Centre Newsletter



No. 11/2011-2012

Saturday, January 14, 2012

Parent Duty Roster Wk 3

DIARY DATES:

Saturday, January 14, 2012 Programme D

Saturday, January 21, 2012 Programme E
 Friday, January 27, 2012 Programme F (Twilight)
 Saturday, January 28, 2012 State Relay Championships (Albert Park)
 Saturday, February 4, 2012 Programme A
 Saturday, February 11, 2012 Programme B
 Sat/Sun, February 18/19 Region Track & Field Championships (Knox) No Little aths at Box Hill
 Saturday, February 25, 2012 Programme C
 Saturday, March 3, 2012 Programme D
 Friday, March 9, 2012 Programme F (Twilight)
 Saturday, March 17, 2012 Programme E
 Sat/Sun, March 24/25 State Track & Field Championships (Bendigo)
 Friday, March 30, 2012 AGM & Presentation Night (Mont Albert PS)

This **Saturday** is **Program D**.

Remember to compete in Javelin you must be at the track and register your name with the official by 7:45am. No late arrivals accepted.

300m Hurdles for the U13 - U15 will be run at 8am

Program D (29 Oct, 14 Jan, 3 Mar)					
*JAV (U11-U15) 300mH (U13-U15)					
100m	ST	ST	SP	LJ	U6-7
70m	100m	60m H	SP	ST	U8
70m	800m	60m H	SP	HJ	U9
70m	800m	60m H	SP	TJ	U10
70m	800m	60m H	DIS	TJ	U11
200m	800m	60m H	DIS	JAV HJ	U12
200m	800m	80-100m H	DIS	300mH LJ	U13-15

EASTERN METROPOLITAN REGION (EMR) TRACK & FIELD

EMR T & F will be held at Knox on **February 18 & 19, 2012**. Athletes who have completed the requisite number of competitions (atleast 50% of available meets since registering) and are U9 and above can compete in up to 4 individual events, usually spread over both days.

We need your completed entry form to be with Jan Fitzgerald **no later than January 16th**. This Saturday will clearly be the best and most convenient time to get you nominated events in.

So think hard about it before this Saturday and get your completed form to Jan at the large Box Hill tent at the end of the straight.

Remember Parents are **required** to do one track duty or two field duties, so approximately 3-4 hours of duty per family.

Attached to this newsletter is an entry form for your convenience, otherwise you can locate it in the Box Hill Handbook.

TRAINING

Training resumes next Wednesday the 18th starting at 4:30pm.

Athletes keen to undertake further training across a number of Little Athletics events may be interested in joining a newly formed Multi Squad. The squad will ideally train twice a week.

For more information contact Tim Holmes on 0425 762608 or Sherrie on 0407 475 290.

PARENT DUTY – **Check our website under the home page link Parent Duty Rosters for the full three week duty cycle.**

The Duty Roster has recently been amended as new families have been included and some existing duties have been changed.

POSITION VACANT

Part-time Sport Instructor

Seeking enthusiastic, outgoing and reliable people for pre-school multi sport program.

No experience necessary as full training provided.

Suit Mums/ Uni students interested in casual work during school terms. Must be able to work Saturday mornings.

For more information phone Sherrie on 0407 475290 or apply to sherrieb@inet.net.au

STATE RELAYS

The Relay State Championships are only 2 weeks away. For many of you it will be your first run at the new Lakeside Stadium which is a great venue. 31 teams from Box Hill qualified and progressed to State.

GIRLS		BOYS	
U9G		U9B	
4x200m		4x200m	A
U10G		Medley	
4x100m	A	U10B	
4x200m	A	4x200m	A
U11G		U11B	
4x100m		4x100m	
4x200m		4x200m	
4x200m M/S		4x200m M/S	
U12G		U12B	
4x100m	A & B	4x200m	A
4x200m	A	4x100m M/S	
Medley		U14B	
4x100m M/S	A	4x100m	
U9-12G		4x200m	
M/A Medley			
U13G		U15B	
4x100m		4x100m	
4x200m		4x200m	
U14G			
4x100m	A & B		
4x200m	A & B		
Medley	A & B		

BOX HILL MULTI EVENT

We wish to advise there was an error in compiling the results for the **U14 Boys Multi Event**.

The official placing are

- 1st **Jonathan Taylor**
- 2nd **Spencer Nolan**
- 3rd **Chris Tetaz**

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Region/State Track & Field Entry Form

**STATE TRACK AND FIELD
CHAMPIONSHIPS
2011/2012
EASTERN REGION ENTRY FORM**



Note: Athletes who have attended at least half of the Program days at the Box Hill Centre since they registered this year, are eligible for the Eastern Region Competition.

To be eligible for the State Championships, an athlete must compete at Region. After filling in this form, an athlete will become ineligible if attendance falls below the required days at the time Region is held.

This Entry Form must be delivered to **Jan Fitzgerald** at the information table by 16th January 2012 or scan it and email to **boxhill@lavic.com.au**

Dates: Region Track & Field 18th & 19th February at Knox
 State Track & Field 24th & 25th March at Bendigo

Full Name

Sex/Age Group—Boys/Girls Under

A Track and Field Events entered. Maximum of 4 events.

1. 2.
3. 4.

Entry Fees (\$10 per athlete, per event): Paid by the BHLAC for all competitors. Reimbursement will be required if an athlete fails to attend.

Duty

I agree to fulfill my obligation to complete a duty as allocated to me by the BHLAC or the organizing committee of the Regional and State events. (tick the box to accept).

Signature of athlete

Signature of Parent/Guardian

Phone & Mobile No.'s

